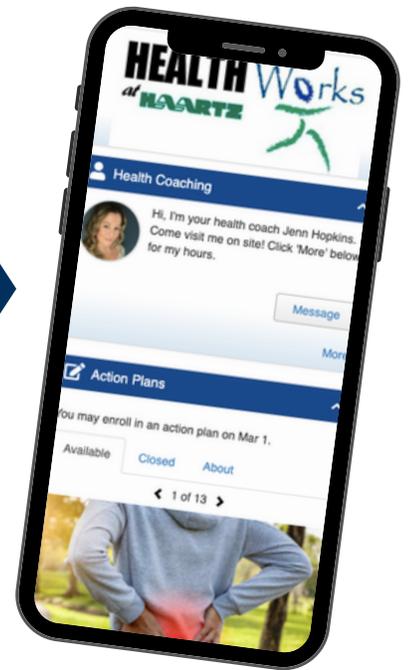


# GET YOUR WELLNESS ON-THE-GO

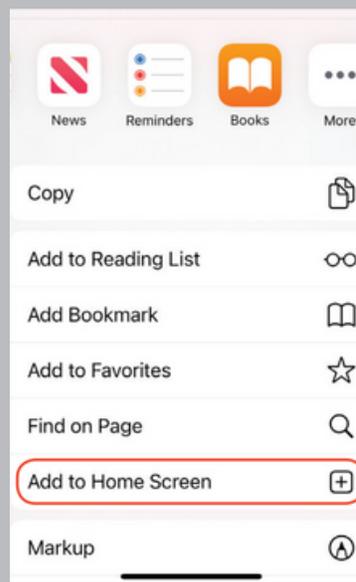
Learn how to access your wellness program on a phone or tablet in just a few easy steps!



Scan the QR code to access the Haartz Wellness Portal

## Apple Device

- Launch the Safari app
- Search **haartz.wellnessworkdays.com** OR scan the QR code
  - Tap "Go."
- Tap the icon featuring a pointing arrow coming out of a box along the bottom of the Safari window to open a drop-down menu
- Tap add to Home Screen.
  - The Add to Home dialog box will appear, with the icon that will be used for this website on the left side of the dialog box.
- Enter the name for the shortcut using the on-screen keyboard and tap "Add."
  - Safari will close automatically and you will be taken to where the icon is located on your devices screen.

A screenshot of the 'Wellness Workdays' login page. It features the logo at the top and a 'Returning Users' section. Below this, it asks for login information: 'Please enter the following information, and click "Logon" to enter the site.' There are input fields for 'Company' (with 'haartz' entered), 'Member ID', and 'Password'. A 'Forgot password?' link is below the password field. A 'Log on' button is at the bottom right.A screenshot of the 'Add to Home Screen' dialog box. It has 'Cancel' and 'Add' buttons at the top. The main content shows the website name 'Wellness' and the URL 'https://cxp.pdhi.com/Portal/M...'. Below this, it states: 'An icon will be added to your home screen so you can quickly access this website.'

# Andriod Device

- Launch the Chrome app.
- Search **haartz.wellnessworkdays.com** OR scan the QR code
- Tap the menu icon (3 dots in the upper right-hand corner) and tap Add to the home screen.
- You'll be able to enter a name for the shortcut and then Chrome will add it to your home screen.

Scan the QR code to access the Haartz Wellness Portal



Wellness Workdays™

Returning Users

Please enter the following information, and click "Logon" to enter the site.

Company  
haartz

Member ID

Password

Forgot password?

Log on



New tab

New incognito tab

History

Downloads

Bookmarks

Recent tabs

Share...

Find in page

Translate...

Add to Home screen

Desktop site



Wellness Workdays™

Returning Users

Please enter the following information, and click "Logon" to enter the site.

Add to Home screen

Wellness - Member Login

Cancel Add

Password

Forgot password?

Log on

You are now all set to access your wellness resources wherever you go!

## QUESTIONS?

For wellness program inquiries, email Jenn at [jhopkins@haartz.com](mailto:jhopkins@haartz.com)  
For portal support, email [support@wellnessworkdays.com](mailto:support@wellnessworkdays.com)